



COACHING & CONSULTANCY

CORPORATE TRAINING PROGRAMS

Empowering Growth, Excellence, and Transformation through Tailored Coaching
and Consultancy for Sustainable Organizational Success





COMPANY OVERVIEW

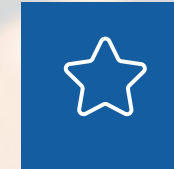
Quantum Achievers International Sdn. Bhd. (QAI) is a Malaysian-based performance-driven training organization

dedicated to enhancing employee competency as a strategic component of human capital development. Established over two decades ago, QAI has built a strong and credible track record in people development across a broad spectrum of industries, including manufacturing, banking, insurance, hospitality, construction, logistics, and education.

As a trusted people development and training consultancy, we specialize in designing and delivering impactful leadership and personal development programs tailored to both individuals and organizations. Our programs are grounded in cutting-edge learning methodologies and practical strategies that participants can apply immediately in their workplace environments.

What sets us apart is our commitment to understanding each client's unique needs through a thorough and systematic needs analysis process. This allows us to customize our programs for maximum relevance and effectiveness, ultimately ensuring measurable impact and a strong return on investment for our clients.





OUR PLEDGE & MISSION

We are committed to designing and delivering cutting-edge training programs that go beyond expectations.

Every initiative we implement is crafted to maximize your return on investment (ROI) and deliver measurable, lasting results. At QAI, your growth is our mission and your success is our priority.



INTERNATIONAL ACCREDITATION : INTERNATIONAL METAPHYSICAL PRACTITIONERS ASSOCIATION (IMPA, USA)

The International Metaphysical Practitioners Association (IMPA), USA, is a premier global institution affiliated with the Institute of Metaphysical Humanistic Science (IMHS). Founded to unify a wide range of metaphysical disciplines, IMPA serves as a professional body that supports practitioners in their journey of growth, evolution, and service to humanity. The association fosters a community of like-minded individuals striving toward enlightened understanding and enhanced capability in serving others.

As an Accredited Partner of IMPA, Quantum Achievers International (QAI) proudly upholds the organization's Code of Ethics, committed to educational excellence, professionalism, and the guiding principle of "Do no harm." Our certification programs have been thoroughly vetted and endorsed by IMPA, reflecting our dedication to delivering the highest standards of quality in all our training initiatives.



COMPANY BACKGROUND & CERTIFICATION

With over 20 years of experience, Quantum Achievers International (QAI) has established itself as a trusted leader in performance-based training and people development. Backed by international certifications and accreditations, our programs are designed to meet global standards while delivering measurable impact locally and regionally.



Certified NLP Training company by American Union of NLP

QAI is a certified training provider by the American Union of NLP, offering programs based on proven Neuro-Linguistic Programming techniques to enhance personal and professional effectiveness.



Accredited Organization by IMPA

Recognized by the International Metaphysical Practitioners Association (IMPA), QAI meets global standards in metaphysical education, ethics, and professional development.



Accredited Partner of IMPA

As an Accredited Partner, QAI delivers IMPA-approved certification programs that uphold the highest level of quality, integrity, and educational excellence.



OUR PROGRAMS

Whether you’re looking to enhance leadership capabilities or foster personal growth, our programs provide practical, hands-on strategies for success.

At QAI, our programs are designed to empower individuals and teams with practical skills, strategic thinking, and leadership capabilities. From foundational personal development to advanced leadership training, each program is tailored to meet specific organizational needs using proven methodologies, experiential activities, and real-world applications that drive immediate results.





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Practical & Actionable

Our programs focus on real-world application, providing tools and strategies that participants can immediately implement in their workplace for measurable results.



Experiential Learning Methods

Through immersive and hands-on activities, participants engage in transformational experiences that go beyond theory and foster deep personal growth.



International Accreditation

Our globally recognized certifications from IMPA and the American Union of NLP ensure that your training meets international standards of quality and professionalism.



Custom-Tailored Solutions

We don't believe in one-size-fits-all. Every program is carefully customized through needs analysis to align with your organization's goals and challenges.



Proven Track Record

With over 20 years of experience across diverse industries, QAI has successfully impacted thousands of professionals through trusted, result-driven training.



Cross-Industry Relevance

From manufacturing to hospitality, our versatile programs are proven effective across a wide range of industries, ensuring adaptability to any workplace environment.

TRANSFORMATIONAL LEADERSHIP PROGRAMS



"Glass Walking" gives people a real opportunity to practice being present, focused and living in the moment. We show you and your colleagues exactly how to do it and then you can all have a go! It is an excellent way to become aware of the negative talk in your head and change it from 'I can't' to, 'I can'. The purpose of this unique and innovative seminars is to create an environment that will push your team beyond their



The **'Arrow Breaking'** activity (based on an ancient Fijian ritual) is the practice of placing the point of a wooden archery arrow on the soft tissue area of the notch of your throat and the other end against a solid surface. The participant then needs to 'get out of their comfort zones' in terms of their thoughts, beliefs and emotional responses to step or lean forward until they bend and then snap the arrow without injury.



Powerful Activity: **"Fireball Activity"** – a session where participants would overcome their "fear" and Mindset and move beyond (time to prove that you can do it!)

SUPERVISORY DEVELOPMENT PROGRAM

Equip supervisors with core leadership, communication, and team management skills. This flexible program strengthens their ability to lead effectively, with customizable modules spanning 2 months to 1 year.



**Time Management & Enhancing
Personal Effectiveness**



**Stress Management & Work Life
Balance**

**Duration of these modules are
flexible ranging from 2 months up to
6 months (and even 1 year)
depending on frequency of each
module**



Art of Handling Difficult People



**Coaching and Counselling Skills for
Supervisors**



**Positive Mindset and Team Work
Attitude**



**Effective Planning and Organizing
skills**

**These are recommended modules
for Supervisory level. Other
programs could be mix & match
according to your organization
needs.**



**Emotional Intelligence for
Supervisors**



**Effective Supervisory
Communication Skills**

EXECUTIVE DEVELOPMENT PROGRAM

A tailored program designed to sharpen strategic thinking, leadership presence, and high-level decision-making. Ideal for senior leaders aiming to enhance their impact, lead change, and drive sustainable business growth.



Time Management & Enhancing Personal Effectiveness



Business Financial Skills for Non-Financial Executives



Positive Mindset and Team Work Attitude



Effective Communication Skills



Managing Work-Life Balance



Effective Business Writing



Enhancing Emotional Intelligence at Workplace



Change Management

Duration of these modules are flexible ranging from 2 months up to 6 months (and even 1 year) depending on frequency of each module

These are recommended modules for Executives level. Other programs could be mix & match according to your organization needs

MANAGERIAL DEVELOPMENT PROGRAM

Strengthen core managerial capabilities including leadership, team supervision, and strategic execution—designed to prepare managers for higher responsibilities and drive organizational performance.



V.U.C.A Leadership & People Management



Conflict Management at Workplace



Enhancing Emotional Intelligence



Towards Positive & Customer Centric Culture



Critical Thinking Skills (Creativity & Problem Solving)



Financial Knowledge & Business Acumen Skills



Powerful Presentation Skills



Managerial Communication Skills

Duration of these modules are flexible ranging from 2 months up to 6 months (and even 1 year) depending on frequency of each module

These are recommended modules for Managers & Senior Managers level. Other programs could be mix & match according to your organization needs.

MINDSET PROGRAMS

Empower individuals to adopt growth-oriented, resilient, and high-performance mindsets that drive personal and professional success in any work environment.



Growth Mindset

Cultivate a learning-driven attitude that embraces challenges, feedback, and continuous improvement for long-term personal and organizational success.



Resilient Mindset

Build mental toughness and emotional intelligence to thrive through adversity, setbacks, and pressure at the workplace.



Agile Mindset

Foster adaptability and responsiveness in rapidly changing environments, encouraging innovation, collaboration, and proactive decision-making.



Power Up

Ignite inner drive, self-motivation, and clarity of purpose to achieve peak performance both professionally and personally.

COMMUNICATION, PRESENTATION & NLP SKILLS

Enhance your ability to communicate with clarity, influence, and confidence. This program blends proven communication techniques, impactful presentation strategies, and NLP tools to improve interpersonal effectiveness and audience engagement.



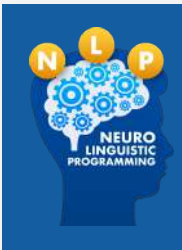
WOW Presentation Skills



Communication Skills Unleashed



Business Writing Excellence



**NLP (Neuro Linguistic Programming)
For Persuasion and influencing**



Influencing & Negotiation Skills



Coaching and Counselling

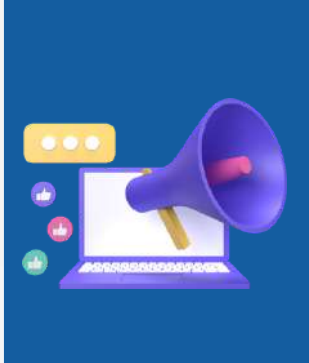
SALES & MARKETING EXCELLENCE

Elevate your sales and marketing strategies with dynamic programs focused on closing deals, mastering digital platforms, and delivering outstanding customer service. These courses are designed to equip your team with the skills needed to thrive in a competitive marketplace and build a powerful, recognizable brand.



Closing Deals for Sales People

Learn the art of closing deals with practical, results-driven techniques that empower sales professionals to drive success, build client relationships, and achieve consistent growth.



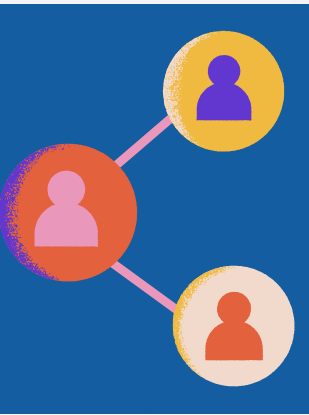
Digital Marketing Unleashed

Unlock the power of digital marketing strategies, from social media optimization to search engine tactics, to amplify your brand's online presence and reach your target audience effectively.



Art of Branding

Learn how to craft a compelling brand narrative and establish a distinct identity that resonates with customers, elevates your market presence, and fosters trust and loyalty.



Delivering Excellent Customer Service

Master the skills of delivering exceptional customer service, turning every interaction into an opportunity for loyalty, satisfaction, and long-term business success.

FINANCIAL & COMMERCIAL PROGRAMS

Empower your team with essential financial knowledge and business acumen to make informed decisions that drive growth, manage resources efficiently, and enhance organizational performance.



Finance for Non-Financials

Designed for professionals without a finance background, this program simplifies complex financial concepts, equipping participants with the skills to understand and apply financial data to their roles effectively.



Finance & HR Metrics for HR Practitioners

This program helps HR professionals understand key financial indicators and their impact on business results.



Mastering Difficult Accounting Issues

Tackle complex accounting challenges with clarity and confidence.



Business Acumen Skills

Build a solid foundation in business strategy, financial decision-making, and operational efficiency to improve overall organizational success and leadership capabilities.



Budgeting for Planning & Control

Learn to create effective budgets and use them to guide business planning and performance.

QUALITY MANAGEMENT

Empowering teams with the principles and tools of quality assurance, continuous improvement, and performance standards to drive operational excellence and customer satisfaction.



ISO 9001:2015

ISO 9001:2015 Awareness, ISO 9001:2015 Documentation, ISO 9001:2015 Internal Quality Audit, Risk Management Training ISO 9001 perspective, Effective Quality Management Representative etc.



IATF 16949:2016 and other standards

ISO 14001:2015 Awareness Training, ISO 14001:2015 Internal Quality Audit Training, ROOT CAUSE ANALYSIS Training, QA/QC INSPECTORS IN ACTION, ISO 14001 Legal requirements, 8D Problem Solving, ISO 14001 Environmental Aspects and Impacts



Continual Improvement

7 QC Tools Training, Six Sigma Awareness Training, Implementing Effective TQM, 5S for a quality workplace, Implementing QCC /ICC, Lean Management Training, Supplier Development Training, Preventive and Predictive Maintenance, Cost of quality etc

LEADERSHIP & MANAGERS PROGRAMS

Empower your leadership with transformative programs designed to build critical skills in people management, strategic thinking, and emotional intelligence.

Tailored for both emerging and experienced leaders, these programs focus on enhancing leadership effectiveness in complex work environments and building strong, cohesive teams.



Situational Leadership Model

Develop adaptive leadership skills to effectively lead different team members by adjusting your leadership style to match their readiness and competence.



Leadership in a VUCA World

Strengthen leadership agility to navigate and thrive in volatile, uncertain, complex, and ambiguous business environments.



7 Principles of Supervisory

Master core supervisory principles that build strong team foundations, improve accountability, and enhance operational leadership.



Practical EQ Leadership

Enhance emotional intelligence to lead with empathy, influence, and resilience—key traits for managing today’s dynamic teams.

CORPORATE SOCIAL RESPONSIBILITY (CSR) PROJECTS

Meaningful, hands-on initiatives that allow organizations to give back to communities while fostering empathy, teamwork, and social impact among employees.



Orphanage, Special Child & Disabled Homes CSR Projects

Support and uplift vulnerable groups through structured outreach activities aimed at improving their living conditions and emotional well-being.



Replanting of Trees & Nature Cleanup

Promote environmental sustainability by engaging in reforestation efforts and eco-cleanup activities that restore and protect nature.



Kampung Orang Asli – Medical Care & Social Projects

Enhance the quality of life for indigenous communities through healthcare access, basic necessities, and empowering social programs.



Old Folks Home – Clean-Up & Repainting

Create a more dignified and comfortable environment for the elderly through facility improvements and meaningful engagement.

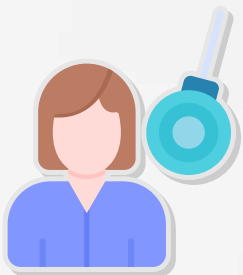
CERTIFICATION PROGRAMS

Enhance your expertise with our specialized certification programs designed to equip you with the skills and credentials necessary to excel in your field. These programs offer professional recognition and practical knowledge that can be immediately applied to your career.

HYPNOTHERAPY

Hypnotherapy is a psychological therapy that uses hypnosis to treat mental and physical health conditions, or to change habits. It involves a trained hypnotist guiding a person into a trance-like state of deep relaxation. During this state, the person can be more open to suggestions to change their perceptions, emotions, memories, thoughts, or behaviors.

AVAILABLE CERTIFICATIONS:



HYPNOTHERAPY FOUNDATION

Gain foundational knowledge of hypnotherapy, learning its principles, techniques, and applications for personal and professional growth.



CLINICAL HYPNOTHERAPY PRACTITIONER

Develop advanced skills in clinical hypnotherapy to help clients achieve significant behavioral and psychological changes.

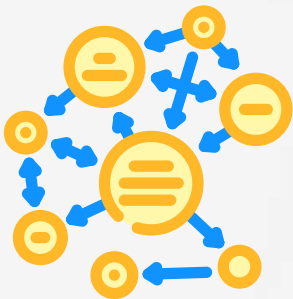
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NEURO LINGUISTIC PROGRAMMING (NLP)

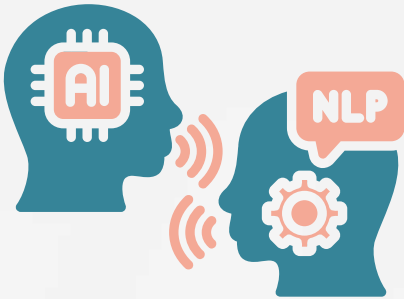
Master the art of communication, behavior modeling, and personal transformation through our NLP certification programs. Ideal for leaders, coaches, educators, and professionals who want to elevate influence, mindset, and performance.

AVAILABLE CERTIFICATIONS:



BASIC NLP PRACTITIONER

Master the fundamentals of NLP to enhance communication, influence, and personal development.



ADVANCED NLP PRACTITIONER

Build on your basic NLP skills and learn more sophisticated techniques for personal and professional transformation.



TIME-LINE THERAPY

Learn Time-Line Therapy techniques to help clients overcome past challenges and achieve future goals through powerful subconscious healing.

PROJECT MANAGEMENT

Project Management Professional (PMP) is the most important globally recognized credential in the field of Project Management, administered by Project Management Institute (PMI). Passing the PMP exam and obtaining the PMP credential will certify your knowledge and experience so you can be more confident at work and more competitive in the job market.

This intensive workshop uses accelerated learning to build your skills as a professional project manager and prepare you for the PMP exam. You will learn the concepts and principles of project management and the knowledge, skills, tools and techniques that will help you to be more effective in your work, and receive detailed test-taking tips and study strategies.



PROJECT MANAGEMENT PROFESSIONAL (PMP) CERTIFICATION

This globally recognized certification program is designed to equip professionals with the essential knowledge, tools, and techniques to lead and manage projects effectively. Participants will gain in-depth understanding of project lifecycle management, risk mitigation, budgeting, stakeholder engagement, and performance tracking.

Ideal for managers and executives looking to elevate their project management capabilities, enhance leadership effectiveness, and deliver consistent, high-impact results across various industries.



MICROSOFT PROGRAMS

This program introduces essential Microsoft Office tools used in today's workplace. Participants will gain practical skills in Excel, Word, PowerPoint, Outlook, and Teams to enhance productivity, communication, and data management

AVAILABLE CERTIFICATIONS:

MICROSOFT WORD

Improve document creation with formatting, layout, and automation tools to create professional reports and letters.

MICROSOFT POWERPOINT

Master the art of impactful presentations using professional design, animations, and storytelling techniques.

MICROSOFT EXCEL

Develop advanced spreadsheet skills including formulas, pivot tables, charts, and data analysis tools.

MICROSOFT POWER BI

Learn to turn raw data into interactive dashboards and actionable insights using Power BI's powerful data visualization tools.

MICROSOFT PROJECT

Gain essential skills to plan, schedule, and manage projects with Gantt charts, timelines, and resource allocation tools.

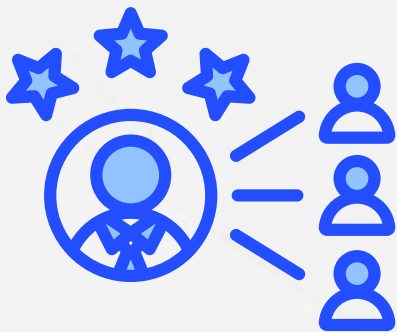
EXECUTIVE COACHING PROGRAMS

Strategic coaching solutions designed for leaders to unlock their full potential, sharpen decision-making, and drive meaningful organizational results through personalized guidance and accountability.



ONE-TO-ONE EXECUTIVE COACHING

Tailored individual coaching sessions focused on personal leadership growth, mindset transformation, and achieving specific professional goals.



SMALL GROUP EXECUTIVE COACHING

Facilitated coaching in intimate group settings, encouraging shared learning, feedback exchange, and collaborative problem-solving among peers.



EXECUTIVE COACHING PROGRAMS

Structured coaching journeys designed for senior leaders to enhance strategic thinking, emotional intelligence, and impactful leadership in complex environments.

EXECUTIVE COACHING PROGRAM OVERVIEW

Our coaching approach begins with a 360° assessment or gap analysis to identify key development areas for each individual



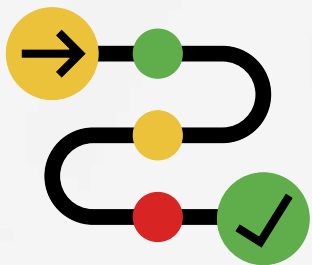
CUSTOMIZED COACHING PLAN

Individual coaching sessions (Weeks 1–3) will target specific competency gaps unique to each participant.



GROUP COACHING

Shared competency gaps among team members will be addressed in group sessions starting Week 4.



COACHING ROADMAP

Each participant will receive a personalized Coaching Roadmap Passport to track progress, competency growth, and implementation of their Personal Action Plan.

LIST OF PROGRAMS

COMMUNICATION, PRESENTATION & NLP SKILLS

- WOW! PRESENTATION SKILLS Unleashed
- Investigative NLP for enhancing Investigation success
- Effective Public Speaking Skills
- Communication & Influencing Skills
- Business Writing Excellence
- Managing Workplace Confrontations
- 'Trance-formational' Communication
- Managing and Resolving Conflict
- NLP for Personal Excellence (Managers & Executives)

CREATIVITY & PROBLEM SOLVING

- Creative Thinking & Problem Solving
- Critical Thinking & Decision Making
- Lateral Thinking & Crea8tv thinking

FINANCE & COSTING PROGRAMS

- Business Financials For Non-Financial Personnel
- Finance & HR Metrics for HR Practitioners
- Art Of Preparing & Presenting Effective Business Plan

MICROSOFT OFFICE PROGRAMS

- MS Word – Beginner, Intermediate, Advance
- MS Excel – Beginner, Intermediate, Advance
- MS Power Point – Beginner, Intermediate, Advance
- MS Access – Beginner, Intermediate, Advance
- MS Project – Beginner, Intermediate, Advance
- MS Visio – Beginner, Intermediate, Advance
- MS Power BI – Beginner to Intermediate, Intermediate to Advanced

IT PROGRAMS

- Fundamentals of Project Management
- Project Management Professional (PMP) Certification
- Agile Scrum
- IT Service Management (ITIL),
- Scaling Agile
- DevOps
- Business Analysis
- Lean Six Sigma, Risk Management

LIST OF PROGRAMS

LEADERSHIP PROGRAMS

- Enhancing Emotional Intelligence (EQ)
- Business Acumen Skills
- Managing Difficult Employees
- 7 Principles of Supervisory Leadership
- Coaching & Counseling Excellence
- Coaching & Mentoring Skills
- Situational Leadership in action
- Train the Trainer (3 and 5 days)
- Ready for Change ?
- Powerful Negotiation Skills
- Stress Management – Take Charge !
- Art of Handling & Managing Difficult People

HEALTH PROGRAMS

- Mental Health Awareness Self-Care Practices
- Sleep Hygiene Recognizing Signs of Mental Health Issues
- Chronic Disease Management Accessing Resources

HUMAN RESOURCE PROGRAM

- Training Needs Analysis
- Competency & Behavioral based Interviewing Techniques
- Succession Planning
- TNA in a Global Prospective
- Sexual Harassment(Defending the team member – HR Staffs)
- Do and Don't of Termination -Executive and Supervisory Training
- Domestic Inquiry
- Developing IDP (Individual Development Plan)
- Orientation -A requirement or Not a Requirement

CUSTOMER SERVICE & SALES PROGRAMS

- Professional Corporate Grooming & Self Development
- Professional Secretary & Office Management
- Professional Corporate Image & Business Etiquette
- Customer Management Excellence
- Strategic Customer Management for Call Center Executives
- SALES BREAKTHROUGH program



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